



Shri Vile Parle Kelavani Mandal's  
Narsee Monjee College Of Commerce and Economics  
(Autonomous)



NAAC Accredited 'A' GRADE CGPA-3.42

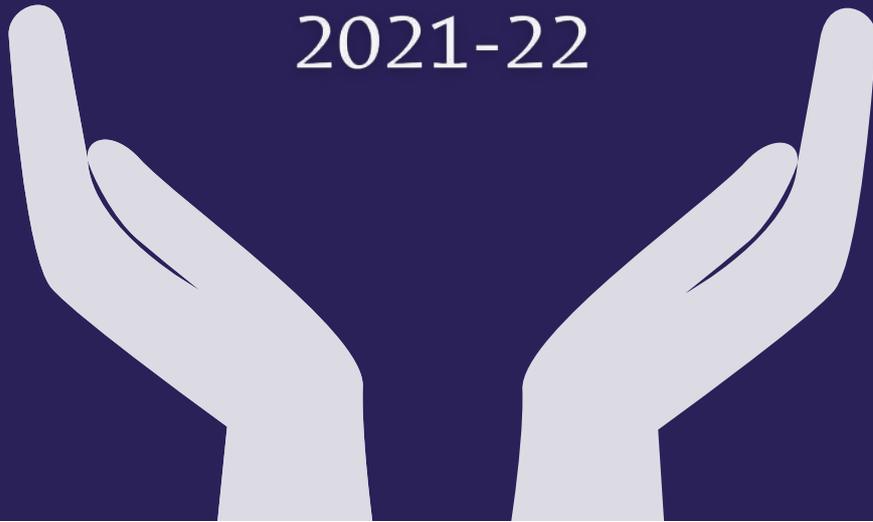
**NOT ME, BUT YOU!**



NATIONAL SERVICE SCHEME  
presents

**MÉLANGÉ**

2021-22



# WHAT'S INSIDE

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About NSS and NMNSS



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Team NMNSS 2021-22



# NMNSS VISION

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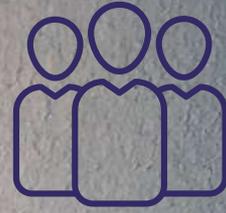
- To ensure personality development by embedding ethical values to support moral conscious of well-being in any situation by serving the society in a righteous manner.
- To stand as a motivating factor for understanding the reactions of society and exercising social harmony and contributing to the well-being of the community one works in.

# OBJECTIVES

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- To enhance our understanding of the community which we serve and build a long-term relationship with it.
- To identify the needs and problems of the society and involving local bodies to solve them.
- To inculcate a sense of social and civic responsibility among the society.
- Acquiring leadership qualities, democratic attitudes and utilizing the skills of volunteers with to find solution for both underlying as well as upcoming problems.
- To act as a cohesive unit.
- To develop competencies for sharing the responsibilities and driving the social compatibility with mobilizing community participation.

# ABOUT NSS



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## MOTTO – "NOT ME, BUT YOU"

- The motto of NSS “Not Me, But You,” reflects the essence of democratic living and upholds the need for self-less service to the society. NSS helps volunteers to be receptive to varied perspectives and considerate towards other living beings.
- The philosophy of NSS is well reflected in its motto, with the underlying belief that individual welfare is ultimately inter-linked with the welfare of society as a whole.

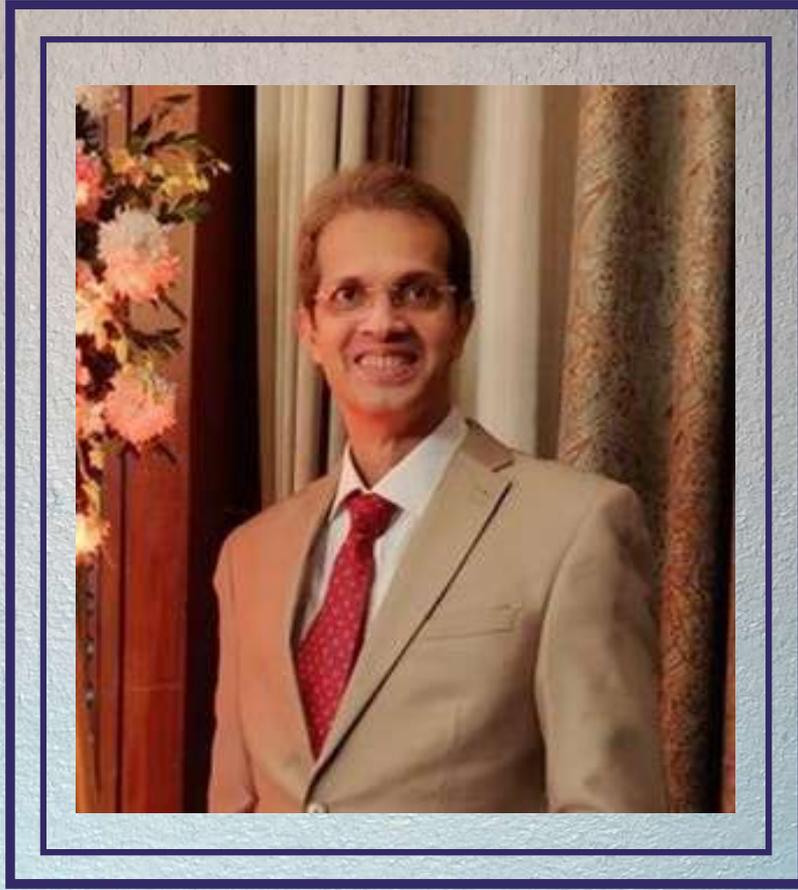
# ABOUT NMNSS

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## MOTTO – "THODA SA DIL, THODI SI WILL"

- Striving towards the objectives of NSS, NM-NSS aims to provide a platform to instill leadership qualities in students. The motto of NM-NSS is based on the notion that all it requires is “Thoda sa Dil, Thodi si Will.”
- It essentially translates to the fact that all it takes is a little compassion and willingness on the part of one to make a difference in the lives of others. The strength of our unit lies in our unity, perseverance and enthusiasm which are the requisites for progressive change.

# FROM THE DESK



## DR. PARAG AJGAONKAR

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### *PRINCIPAL*

“Alone we can do so little, together we can do so much“

As an association, the NSS unit embodies this very spirit and gives a platform to our students to be of benefit to society in not one but many ways. It makes the students confident, develops leadership skills, and gets them acquainted with different people from different sections of the society. In its Motto of “Not Me But You“, NSS inculcates within the students a spirit of volunteering and selfless citizens of the future. Last two years have been challenging for all of us, however, the NMNSS unit has beaten all the odds and has carried out various events in the field of education, women empowerment, environmental conservation, and public wellness to make a difference in society so that it becomes a better place for everyone to live in. I appreciate their efforts and wish them the best in their future endeavors.

# FROM THE DESK



## DR. NIRMALA CHAVAN

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### *VICE-PRINCIPAL*

Social outreach is a dedicated effort to make the community a better place for all. At NM college we have adopted social outreach and community engagement as the best practice of College. Our students have excelled in undertaking a variety of social outreach initiatives. Team NSS has done inspiring work in 2021-22 and hope that the good work is further strengthened by your efforts and initiatives. The team of dedicated teacher mentors of team NSS has also shown very good initiative in bringing the best potential of students to the fore. I look forward to the innovative and effective events and programmes that your team will plan in the coming academic year 2022-23. You are all helping to achieve the mission of college to make NM students good human beings above all. All the best and God bless.

# PROGRAM OFFICERS



**DR. KEDAR BHIDE**

After almost two years, schools and universities went offline. These past two years have been really challenging. However, the NSS Volunteers accomplished their goal of social service in both offline and online mode.

Volunteers participated in a variety of activities during these years, including adopting the plants, participating in blood donation drives, conducting health and hygiene awareness drives, distributing masks, participating in university programmes, celebrating Pride Month, spreading social awareness messages, and organizing online competitions. I applaud the efforts of all core members and volunteers who worked throughout the epidemic and did everything they could to improve people's lives.

The college is going back to an offline mode this year, and the new team is excited to get back to work. With the guidance of the Respected Principal and Vice Principal, I am certain that our unit will carry out all field activities and leave a lasting imprint in the areas of gender sensitization, community education, public health and hygiene, ecological conservation, and so on.

I, Kedar Bhide, wish a team all the best in their future endeavors.

“The best way to find yourself is to lose yourself in the service of others.”

I believe that each and every individual has some obligation towards the country. NSS is an organization that was introduced in 1969 with the singular objective of bringing a difference in the minds of youth towards leading a selfless life. NSS offers you a platform wherein you can take your step towards reshaping the society by working in a team and experiencing immense fulfillment and satisfaction. I look forward to working with NSS volunteers and guiding them throughout the activities that they undertake to fulfill their social responsibility.



**DR. VANDANA MISRA**

# PROGRAM OFFICERS



The motto of NSS is 'Not me, But You'. NSS volunteers adhere to this motto and selflessly work towards the improvement of the society. This organization is not only beneficial for the society but a learning experience for the volunteers nonetheless. The volunteers turn out to be self-disciplined and self-reliant leaders and play an active role in numerous events like Tree Plantations, Awareness Drives, and various socially sensitive issues that enhance and sharpen their skills. NSS volunteers shall take the baton ahead by facing challenges with excellent leadership and management skills. They will carry forward these learnings and implement them in their life that lies ahead. My best wishes to all NM NSS volunteers.

## PROF. VAISHALI N KURHEKAR

NM NSS has always been instrumental in channelizing the young and vibrant energy of the youth towards society and nation building.

It makes them confront the realities and imbalances existing within the society. It raises conscience to contribute to their own capacity by providing a platform to help the unprivileged and the less fortunate. NSS develops a connect and an emotional bond between the students and the community. This bond can be witnessed in every NM NSS volunteer. The dedication and perseverance put in by volunteers is visible and motivating to others.

With the whole world still emerging from the impact of the pandemic, these young volunteers can play a crucial role. With a rich legacy that NM NSS boasts I am very confident that every opportunity to serve the nation will be duly utilized and celebrated.

Jai Hind.



## PROF. SMITIN BELCHADA

# PROGRAM OFFICERS



NSS has always been a platform where students can actively involve themselves in variety of social outreach programs. Even though due to Covid we did lose the opportunity to be fully operational on field, students of NSS have worked relentlessly for the past two years to keep the spirit of NSS alive. I hope that the current batch of NSS students will take inspiration from how NSS continued its services despite of all the Covid related challenges. I hope it inspires them to take on bigger challenges and achieve greater success.

## PROF. KESIA VARGHESE

Social responsibility is a duty every individual must perform. I would like to appreciate all the efforts taken by NSS to address social concerns through various events like Blood Donation Drive, Aashayein, Meethi si dor, and also projects like Kadam, Pragati, Edify and Sparv. The NSS platform equips the students with all that they require to establish themselves and work as a group towards awareness of social issues. I wish them all the luck for their future endeavors. Keep up the good work! Being a part of social service organizations like NSS is just great.. The enthusiasm with which all the volunteers and leaders execute various events is commendable. . Despite of Covid-19, most of the activities were carried out online and off the campus also with the same enthusiasm. I am sure that these students with hearts full of hope get the best results, just like they put in their best efforts.



## PROF. PRASHANT JADHAV

# OUR BENEFACTOR



## MR. CHANDRAKANT DOSHI

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I am Lion Chandrakant Doshi. I am 85 years of age.

I am fully involved in social activities since last many years.

The main area of my concern is aged people. I have been Dist chairman, Senior citizens, in Lions International Dist. 3231 A3. I am managing Samanraya Senior citizen Association with 400 members.

I have started Senior citizen Activity center undertaking various activities.

I am connected with NSS unit of NM college since last 15 years. As soon as core team is formed, they plan their activities based on University guidelines and with my guidance. All the members are very enthusiastic and work in the planned way. Leaders also help in guiding the activities. They are providing necessary help in my social activities. Seven days camp is planned properly and executed with all efforts.

During the camp,

I help them in organising medical camp for the benefit of villagers.

Some of the past Nss members also remain active with social instinct and they remain in touch with me. I feel happy being associated with them year after year. I wish them all the success in their enduring activities.

**PROJECTS**

**EVENTS**



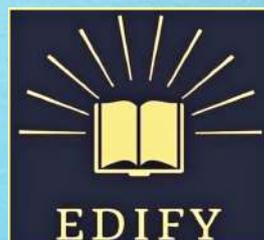
As Nelson Mandela said, **“Education is the most powerful weapon we can use to change the world.”** Understanding the importance of education and the need to make it more accessible, NMNSS has undertaken project Edify, working towards imparting education to underprivileged children.

In July 2021, Edify started teaching students of grades 6th, 7th, and 8th two academic subjects—English and Mathematics. A dedicated curriculum was made and the volunteers were entailed on how the sessions had to be conducted virtually with the kids of Dixit School via Zoom.

The sessions were made interactive to spark the joy of learning among children. Informative sessions and fun activities were undertaken to explain the significance of various days such as Teacher’s Day, Children’s Day as well as festivals such as Dussehra, Diwali, Parsi New year, Christmas to inculcate Includivity.



# EDIFY



## PROJECT

On the account of National Youth Day, a session on the responsibility of young citizens and the life of Swami Vivekananda was also conducted.

Students were encouraged to participate in the games conducted by the team to test their General knowledge along with social events with the kids, imparting knowledge about menstrual hygiene, malnutrition and healthy eating.

Edify believes in the holistic development of students through ways which are fun and exciting for the kids. We also ensured that our teachings were rightly received by the students by testing their knowledge and encouraging their efforts.

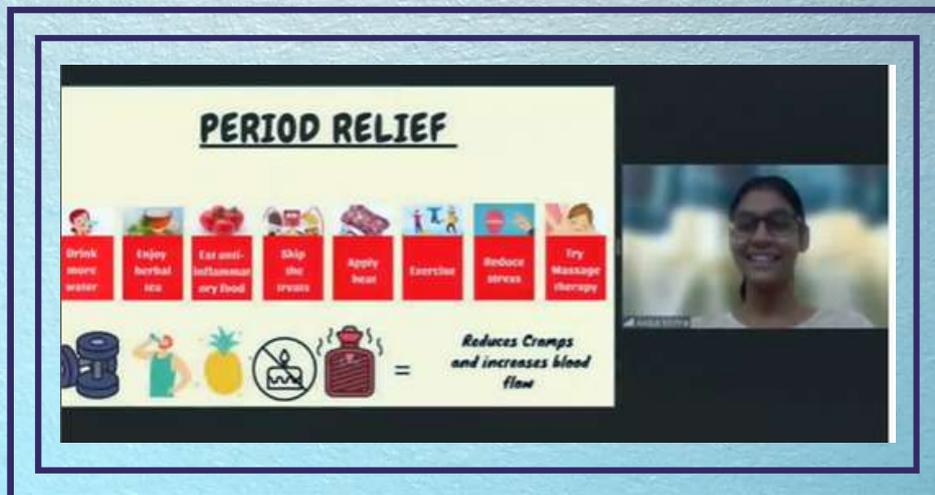


Project Pragati poses to empower and enhance all the sections of our society by speaking about the various stigmas which are considered to be taboos in the society.

This year too, Project Pragati had undertaken many activities such as Pride Month, where People from the LGBTQ+ Community were approached and asked to give their acceptance stories when they came out to their families and friends.

This was an effort to bridge that gap utilising social media.

We also celebrated International Youth Day, where a 2- min video was posted highlighting the importance of not giving up amongst the youth through poetry written by our 3 volunteers. We also had a virtual session with the students of BMC Dixit School on the topic of menstrual hygiene



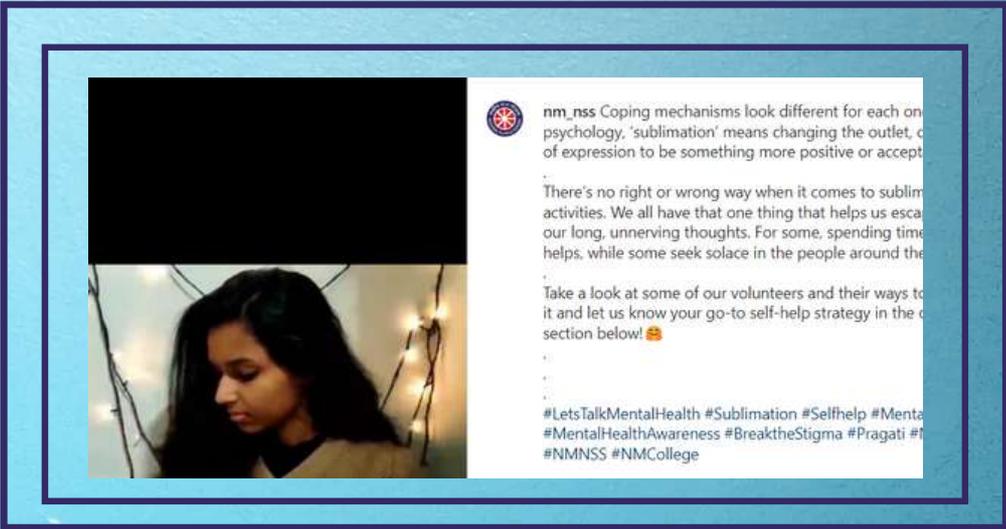
# PRAGATI



PROJECT

We also had a Sexual Bullying Awareness session with these students, where we made a ppt on Sexual Harassment, Sexual Grooming and what to do in such situations. We encouraged them to talk about it freely to their trusted ones and also how to make use of the helpline.

There was a mental health awareness campaign, which included reels on red flags of deteriorating mental health, video on ALGEE model and a speaker session which made us aware about the various different problems such as anxiety, panic attacks and depression and how it is different from one another.



Nearly 87 million people in India are still living under poverty. This number is a huge obstruction which our country must overcome to accelerate on the path to progress. Project Sparv, under NMNSS works for the upliftment of the poor and the underprivileged by providing them with opportunities, perfect information and the necessary support required to overcome societal disparities.

This year, the impact of the Covid-19 pandemic was considerably worse on the underprivileged class.

Project Sparv undertook various events such as the Mask Donation

Drive, as a way of increasing awareness about the usage of masks. Over 400 masks were distributed during the course of the drive.



# SPARV



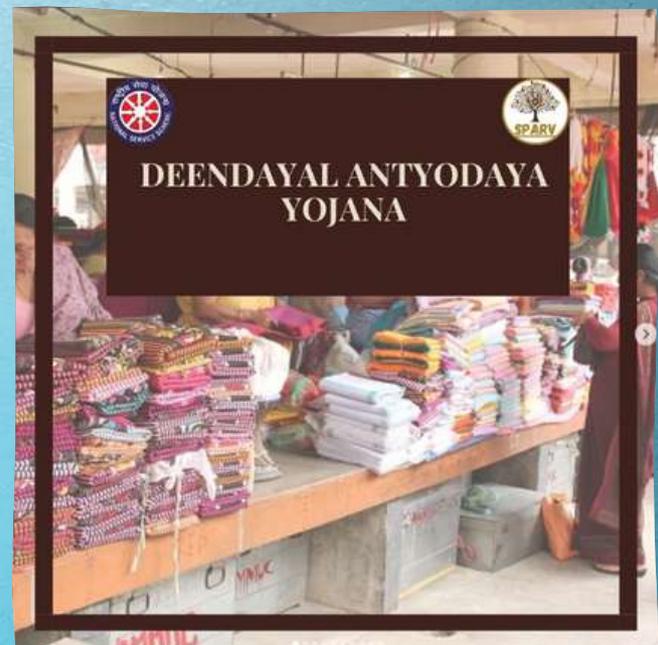
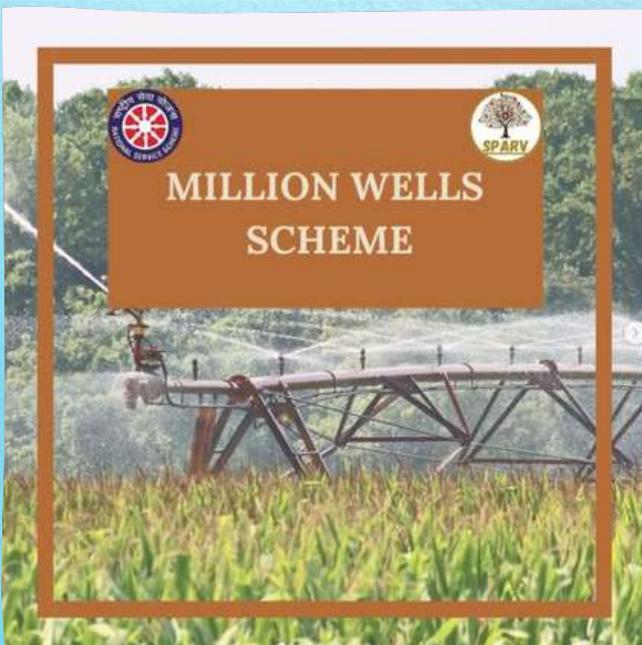
*PROJECT*

A covid vaccination awareness program was also conducted as a 4-day event where information about the Vaccine, its working, myths and facts, along with a ward list of vaccine centers in Mumbai was provided.

Additional information regarding mask waste management and PPE kit disposal was also given out.

Two webinars were conducted with over 100 attendees analyzing the impact of the Covid-19 on the economy and the role of youth in re-shaping the society.

Furthermore, a social media campaign was also conducted where information regarding the various government schemes such as Jawahar Rozgar Yojana, PM SVANidhi etc, the procedure to avail the schemes, their eligibility, objective etc.



With the increase in complexities of life, it is difficult to sustain the balance between us and nature. Our every action today directly impacts the different aspects and elements of the environment that we live in. As a step towards helping to build a more positive relationship with nature, NMNSS has undertaken Project Kadam. Project Kadam works for the environment, it's sustainability as well as for wildlife welfare.

Various events were conducted under Project Kadam in the year 2021-22 including Vanmahotsav, held from 1st to 7th July 2021 with an objective of using social media as a medium of

spreading awareness about protecting trees and animals. It included posts about devastating wildfires and how we can prevent them, quizzes related to veganism and specieism etc. It also included highlighting the various good initiatives taken by companies to protect environment along with information about local NGOs working towards the same.



# KADAM



*PROJECT*

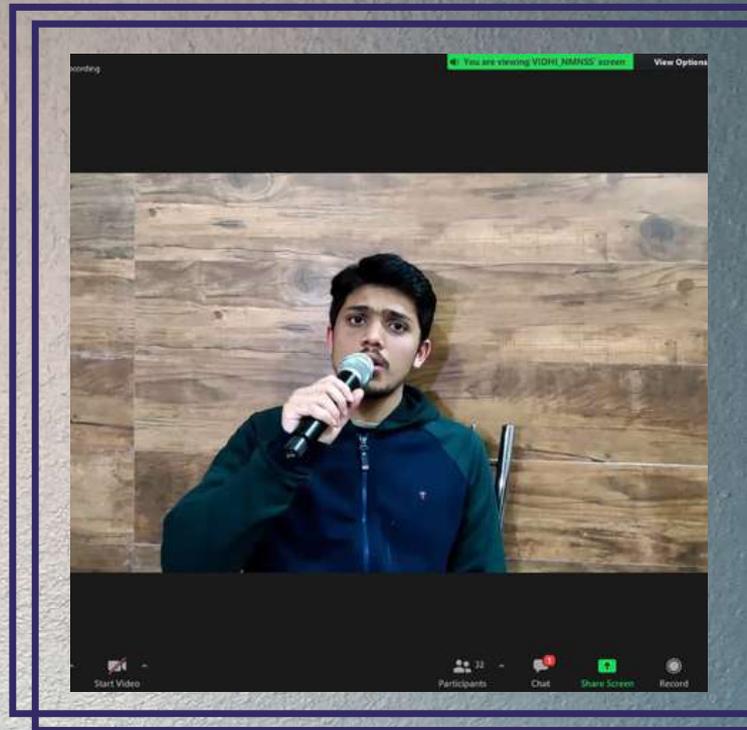
Eco-friendly Ganesh Chaturthi festival campaign was conducted from 4th-14th September with an aim of spreading awareness about an eco-friendly celebration of the festival. This 10-day social media campaign included making an eco-friendly idol with a step-by-step guide for the same.

Keen for microgreens, a webinar on understanding microgreens and their benefits with the speaker Miss Swati Jain, founder of The First Leaf conducted on 10th January 2022. It covered the uses and importance of microgreens in daily life and how one can grow microgreens at home.

A webinar on understanding E-waste management and disposal was also conducted with the speaker, Miss Rashmi Singh, founder of Mumbai Ploggers. The speaker made the audience aware of various ways to manage the E-waste, various organizations working for the disposal of E-waste and answered questions pertaining to the topic as well.



Aashayein is a cultural festival where the volunteers interact with visually impaired people and encourage them to showcase their talent. It is a platform that provides an opportunity for the differently-abled people to grow and gain confidence. Aashayein'22 was held over the span of 2 days on 5th and 6th March 2022 through an online mode via Zoom. Various events such as Singing and Dancing competitions, Fashion and Comedy shows were organized. There were informal interactions conducted with the participants as well. Prizes were distributed for the podium winners at various levels in collaboration with various companies working for the differently-abled. The festival was executed with the formation of various departments under the team and it presented itself as a great learning opportunity for our volunteers in terms of management, interaction, and inclusion.



# AASHAYEIN

EVENT



Advitiya is another NMNSS flagship festival that strikes the balance between creativity, talent, and social awareness. Advitiya is a cultural festival tapping the creativity and fun elements along with greater social interests at heart.

Advitiya'22 was conducted over a span of 2 days from the 26th to 27th of February with events based on the concepts of women empowerment, issues of poverty and novel concepts of upcycling and recycling. A total of 7 events were conducted including a debate competition, painting contest, sustainable business model proposal, photography contest, Marketing contest, and an open mic competition as well. These events lead to learning the existing societal issues and their impact and ideating the possible solutions for the same.



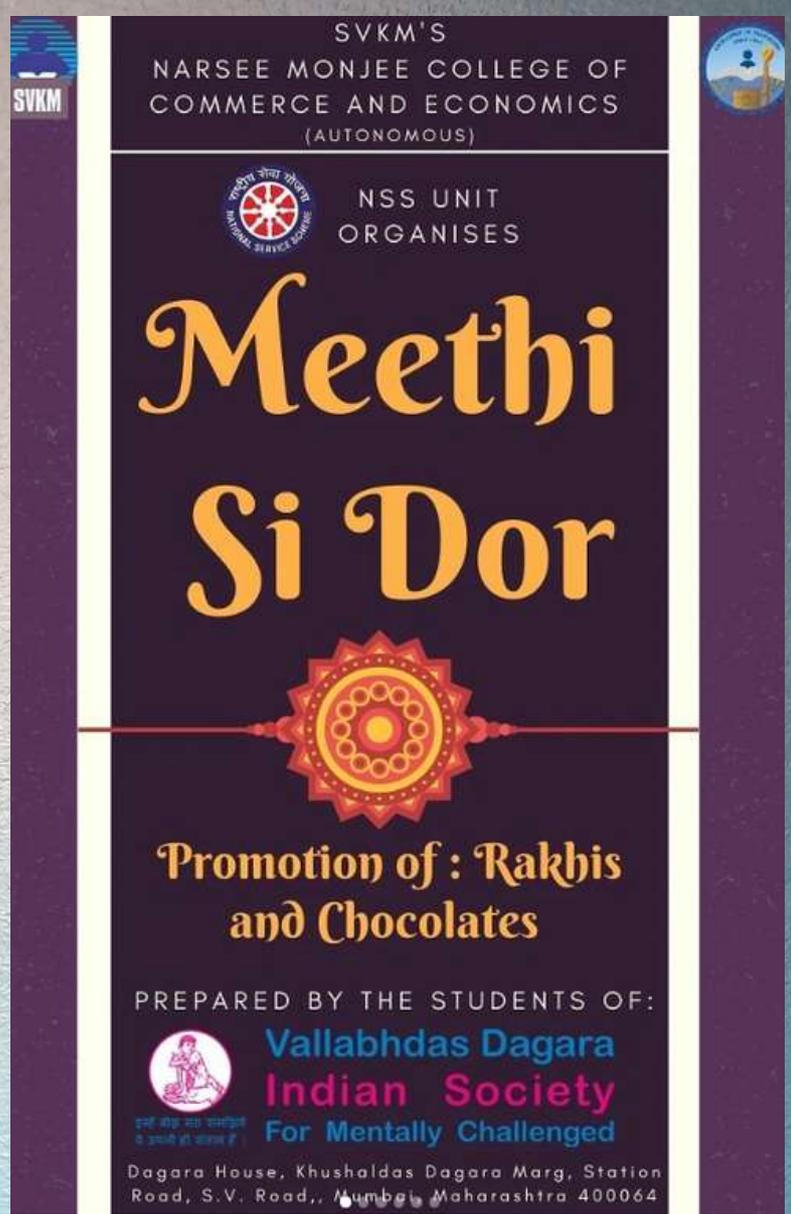
# ADVITIYA

# द्वेचोटीय

EVENT

Meethi si Dor was an initiative by NMNSS as an intermediary for the Vallabhdas Dagara Indian Society for Mentally Challenged by promoting the sales of Rakhis and chocolates prepared by the specially-abled kids on the occasion of Raksha Bandhan. It was held within a time period of a week from 8th August to 20th August 2021.

A brochure regarding the information for the rakhis and chocolates was distributed among the personal contacts of the volunteers, the students of the college as well as through the social media handles of NMNSS. Our volunteers distributed the deliveries personally to the customers and were able to collect a total sum of 20,000 rupees. All these proceeds went to Vallabhdas Dagara Indian Society, for the kids who made the products.



SVKM'S  
NARSEE MONJEE COLLEGE OF  
COMMERCE AND ECONOMICS  
(AUTONOMOUS)

NSS UNIT  
ORGANISES

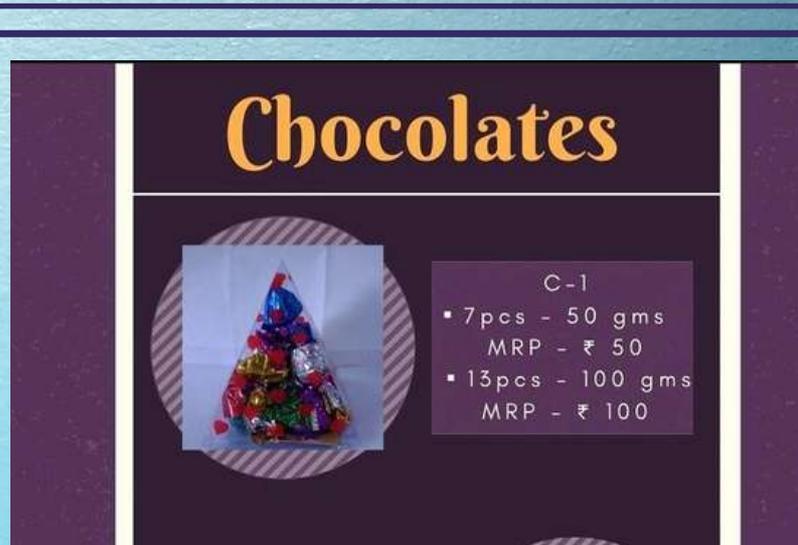
# Meethi Si Dor

Promotion of : Rakhis  
and Chocolates

PREPARED BY THE STUDENTS OF:

 Vallabhdas Dagara  
Indian Society  
For Mentally Challenged

Dagara House, Khushaldas Dagara Marg, Station  
Road, S.V. Road,, Mumbai, Maharashtra 400064



## Chocolates

C-1

- 7pcs - 50 gms  
MRP - ₹ 50
- 13pcs - 100 gms  
MRP - ₹ 100

# MEETHI SI DOR



## EVENT

A Cleanliness drive was organized by the University of Mumbai in association with Patuck Gala College of Commerce and Management at the Mumbai University Campus, Kalina, Santacruz (East) Mumbai, on 24th November 2021. The main motive of this initiative was to sensitize the volunteers about the need to curb the plastic menace and spread the word about the same. The NMNSS volunteers also participated in this drive along with other NSS units. The team volunteers helped in collecting plastic waste from around the campus and dispose of it in an efficient manner. Such initiatives instill the value of community efforts and shared responsibility.



# CLEANLINESS DRIVE



## EVENT

A blood donation camp was organised by the University of Mumbai along with Babu Jagjivan Ram Hospital on Andheri Railway Station on the 25th and 26th of November, 2021. This camp, executed by team NMNSS was an initiative aiming to amplify and spread awareness about the importance of blood donation while paying a tribute to the martyrs of 26/11 attacks. Our volunteers engaged in spreading awareness and convincing the commuters to donate blood by the means of creative slogans and conversations. The camp was carried out following all the Covid-19 protocols. As a result of these efforts, the camp was successful with a total of 249 units of blood collected in a span of 2 days.



# BLOOD DONATION DRIVE

EVENT

NMNSS believes that even little effort is capable of creating significant differences. With an aim to instill consideration and compassion within people about the environment and its elements, team NMNSS conducted a Tree plantation drive from 23rd July, 2021 to 29th July, 2021 under Mumbai University's initiative of 'Majhi Vasundhara'. Due to the pandemic, the plantation drive was carried out by the NSS volunteers at their convenient places, either indoors, on terraces and balconies, outdoors, in locality parks and gardens. We ensured that the volunteers followed all necessary COVID-19 protocols and carried out the on-field plantation activity with due consent of their parents. Subsequent care of the planted seedlings was also undertaken by the respective volunteers.

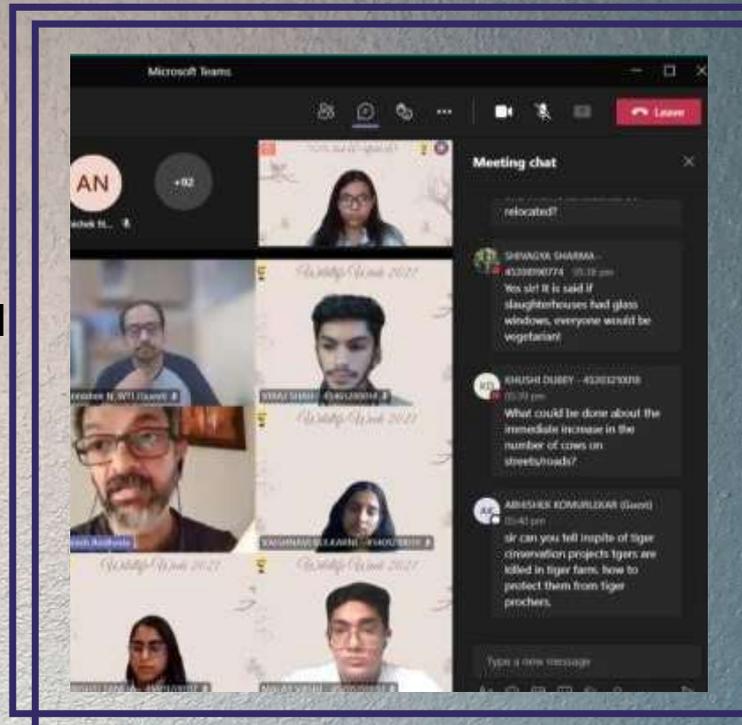


# TREE PLANTATION

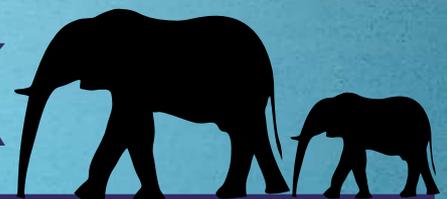


*EVENT*

Wildlife week was an initiative undertaken by Project Kadam under NMNSS to spread awareness about the significance of wildlife and its protection by means of creativity and fun for the audience. The week was held from 2nd-8th of October, 2021 wherein various events and activities were carried out relating to the natural fauna and its preservation. A Jeopardy quiz on wildlife, debate on topics related to animal conservation as well as a social entrepreneurship model competition where the participants had to come up with a sustainable business model revolving around the aim of working for wildlife were conducted. A Panel discussion was also held with well-known speakers who provided insightful information regarding their work for wildlife and the actions young persons can take in saving the environment. Social media campaigns such as an Instagram Bingo quiz were also conducted. The week was a tribute through a circle of events from reflecting upon their experiences to hearing and ideating upon the impact they can make to create this change.



# WILDLIFE WEEK



EVENT

# CORE TEAM 2021-22



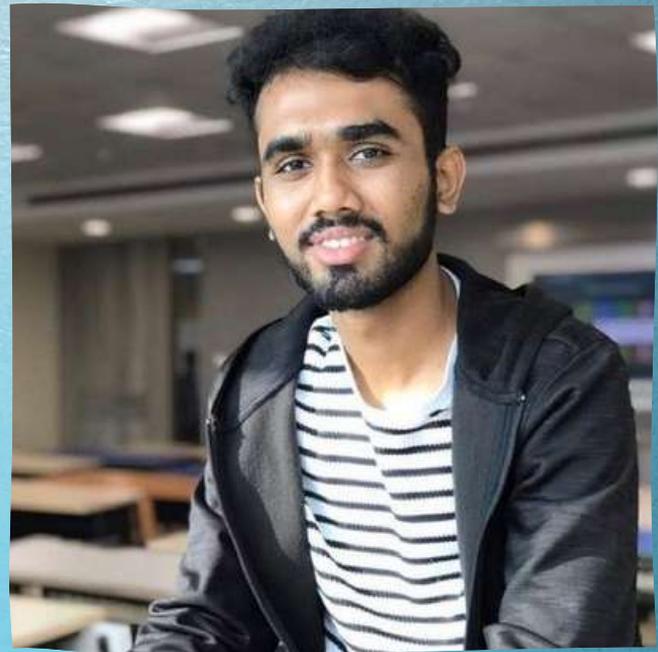
My journey at NM-NSS has been nothing short of incredible. I was always passionate about social service and NSS provided me with the platform to put my passion to practice. In these two years, I have experienced an unparalleled feeling of giving back and contributing to society. I take back with me various eye-opening moments, leadership and empathy skills, knowledge and a truckload of memories. I will forever be grateful to NSS for the opportunities that it has put in my way. With each passing year, I hope that NM-NSS gets bigger and better and that every volunteer experiences what I have and even more.

## SAKSHI RAVARIA

Growing up, I always had this one thought in the back of my head, “Why is no one doing anything about this?”

NSS served for me as a platform to transition from an onlooker of the problem to a small piece of the solution. This is the NSS Family that enables you not only to give back, but also lets develop precious qualities which include teamwork and a knack for leadership.

As an outgoing team member, I wish all the luck to the upcoming team and am certain they will uphold all the values we cherish here at NSS.



## HEET MEHTA

# CORE TEAM 2021-22



## MALAY VASHI

I didn't join NSS in my first year because I thought it was gonna be boring but oh boy I couldn't have been more wrong. After hearing a lot about NSS from my friends, I decided to take the plunge in my second year and that turned out to be one of the best decisions of my college life. Right from conducting social events online and getting all excited even when you make the slightest of difference in society to finding friends family for a lifetime. Having served in the core of a lot of other associations, NSS was something completely different and a surreal experience for me. Even though everything was online, we didn't let that stop us. Cause all you need is thoda sa dil and thodi si will.

College years are full of hustle, and to find something which makes you feel a little settled, and grounded, it was easy with NSS for me. Providing service and volunteering was something which I always wanted to be a part of and NSS was just the platform for it.

NSS has been the best part of college for me. This 2-year journey was packed with many great memories.

I hope that NSS keeps on growing and I wish all the best to the upcoming team.



## YUVRAJ SINGH SALUJA

# CORE TEAM 2021-22



Social service to me is what butter is to bread – it's inseparable. I always wanted an outlet to showcase my will and ability to do something for the society but people confused me? Did everyone not feel that way? Enter NMNSS. The perfect platform for kids like us who wish to do their part for the betterment of the society. I couldn't have asked for these 2 years of my life to be spent in a more fruitful way, with a committee that became my home and friends that became my family. I can proudly say that my team and I have done everything in our power to make a difference and we wish the future teams to take this legacy forward. Onwards and upwards!

## SHIVAGYA SHARMA

A wise man once said, "The best way to find yourself is to lose yourself in the service of others". Two years pure joy of giving and coming out of it with a family I'll cherish life long is what NSS gave me. It helped me grow upon the compassion. There's a joy totally unparalleled to anything ever, the joy of being a reason a stranger smiled. Without NSS I wouldn't have known what it feels like to be that reason. NMNSS gave a platform for fulfilling all aspects of social services. I am absolutely humbled to have had this experience work alongside such wonderful and inspirational people.



## ANJALI SONI

LET'S COME FORWARD AND  
SPREAD HAPPINESS BECAUSE  
ALL IT REQUIRES IS  
“THODA SA DIL AND THODI SI  
WILL”



For any further queries, contact:  
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